

Fact: Lifestyle and dietary changes are necessary to achieve long term health.

Nutrition programs designed with a blend of science and ease-of-adoption are BEST.

Science Based. We formulate products and menus specifically for weight management and healthful lifestyles.

Patient Focused. We create menus and offer support services that are professional-office based and cannot be duplicated by others.

Quality Made. We create recipes and produce our foods under high quality standards and supervision.

For effective weight control outcomes, KetogenX Professional Weight Management Program is the comprehensive, professionally managed program that works.

How?

The science.

Formulated to improve outcomes

- 6 key steps for daily, 24/7 regimen
 - KetogenX shake or soup plus supplements
 - Consume two KetogenX meals
 - Consume two KetogenX snacks in-between meals
 - Include healthy oils
 - Exercise
 - Use ketone test strips for monitoring
- Lactose free
- Micro-nutrient enhanced
- Comprehensive system; no guess work or barriers to success

The patients

Structured to maximize adherence—it's easy

- Simple science that is easy to follow and adopt
- Works with various lifestyles and routines
- No inconvenient weighing or measuring of foods
- Establishes a program that builds commitment and follow through



KETOGENX



Core products

Protein Shake Mix

- High protein shake—20 g of protein per serving
- 21 servings in each tub/container



High Protein, Low Carbohydrate Vegetable Soup

- High protein soup—20 g of protein per serving
- Convenient individual serving bags or 21 serving tubs



Snack Bars

- Individually wrapped bars—10 g protein per serving
- Chocolate, Peanut, Apple, Berry, and Chocolate Peanut Butter flavors



Low Calorie Crisps

- Snack crisps in sealed bags—8 g protein per serving
- White cheddar, Tangy BBQ, Savory Ranch, Sundried Tomato and Herb, and Cinnamon Spice flavors

Micronutrient Support Products



Multivitamins with Anti-Oxidants*

- 180 count capsules with anti-oxidants*
- 60 count Chewable tablets in Mixed Berry flavor
- 90 count tablets



Omega 3 – 750 capsules

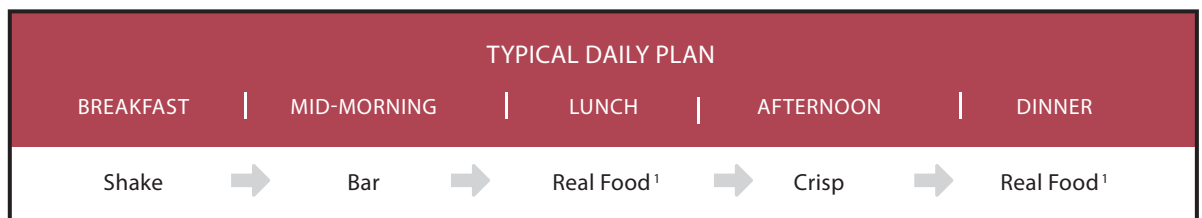
- Each serving has 750 mg of DHA and 750 mg of EPA from cold water fish and sustainably sourced marine lipids
- 60 count bottles



Chewable Probiotic

- Digestive aid that helps maintain GI flora and support digestive health*
- 90 count bottle of chewable tablets

Dietary Plan to change lifestyles and lives



¹ Recipes using real foods aligned with the KetogenX program are available at KetogenX.com